

**REIPAS SUMMER FESTIVAL TRACK & FIELD RECORDS**  
(Updated thru 2001)

EVENT	RECORD	HOLDER	YEAR
<b>MEN'S</b>			
100 meters	10.6	Dave Farnsworth (FSC)	1980
200 meters	21.5	Dave Farnsworth (FSC)	1980
400 meters	48.7	Bob Credle (Holy Cross)	1964
800 meters	1:53.1	Ed Gastonguay (Reipas)	1964
1500 meters	3:53.1	Bill Okerman (Greater Boston TC)	1980
1 mile	4:20.8	Ted Nelson (Mankato, MN)	1962
3000 meters	8:23.7	Seppo Liutu (Tampere, Finland)	1982
3000 meters masters	9:20	Jim Daley (New Ipswich, NH)	1983
2 miles	9:26.2	George Conefrey (Brockton AC)	
Steeple	10:24.3	Steve Jackson (GBTC)	1980
110 m hurdles	14.9	Leon Coleman (Winston-Salem)	1964
440 m hurdles	54.1	Fred Hentilian (GBTC)	1980
Mile walk	6:20.7	Olavi Yli-Tokola (Reipas)	1964
1500 m race walk	6:33.1	Steve Vaitones	1991
3000 m race walk	13:01.6	Ron Zinn (Chicago, IL)	1963
2 mile race walk	14:09.4	Olavi Yli-Tokola (Reipas)	1964
15 km race walk	1:20:30	Olavi Yli-Tokola (Reipas)	1963
10 km road run	30:25	Bill Okerman (GBTC)	1979
15 km road run	47:16	Randy Thomas (GBTC)	1978
10 km masters road run	33:16	Oiva Tuomainen (Helsinki, Finland)	1980
High jump	6'9 1/2" (2.07 m)	Eric Lammi (GBTC)	1978
Pole vault	15'6"	Jouko Maki-Lohiluoma (Seinajoki, Finland)	1982
Long jump	24' 3/4" (7.33 m)	Joe Silva (Wareham TC)	1966
Triple jump	49'9" (16.16 m)	Bob Heywood (BAA)	1964
Shot put	61'2" (18.64 m)	John Dupuis (NYAC)	1980
Javelin	229' 11"	J. Ward	1985
Discus	194'	Art McDermott	1985
Hammer	220'2"	Declan Hegarty (BU)	1983
35 lb weight	66' 1 1/2"	Bill Sutherland (NYAC)	1982
1400 meter medley relay	3:33.2	B. Long, O. Rodriguez, D. Martoux, J. Langale	2000
<b>WOMEN'S</b>			
100 meters	13.2	Dionne Laffond (UCONN)	1994
400 meters	1:06.21	Jill Thibodeau	2001
800 meters	2:26.5	Theresa Steffen (Boston Running Club)	1993
1500 meters	5:03.4	Theresa Steffen (Boston Running Club)	1993
3000 meters	11:32.4	Natalie Cartwright	1991
100 m hurdles	14.2	Annica Ambrose (FHS)	1989
1500 m race walk	9:16	Lisa Harris	2001
10 km road run	39:36	Marja Wright	1981
15 km road run	69:35	Barbara Amburgey (Finnish Ski Club)	1981
High jump	5'	(tied) Dionne Laffond (UCONN) & Amy Peich	1994
Long Jump	15' 8"	Dionne Laffond	1994
Triple jump	35'	Dionne Laffond	1994
Shot put	45' 6"	Laura Garraughty	2001
Javelin	132' 11 1/2"	Eileen Crehan (Quincy, MA)	1983
Discus	159' 1"	Laura Garraughty	2001
Hammer	178' 10"	Laura Garraughty	2001
Weight	50'4"	Brenda Start	1999
1400 meter medley relay	4:09:0	J. Buckley, J. Ferdella, K. Ferdella, K Poboff	2000

**Reipas Athletic Club was founded in 1903 by Finnish Immigrants**  
**Reipas is a Finnish word meaning brisk, vigorous, & lively**